

THE LAURELS

An Exclusive Residential & Nursing Home In A Beautiful & Tranquil Hastings Setting

Choose from a variety of first class care services ranging from residential and respite to nursing care



Understanding Your Needs...
...Delivering Your Care

The Laurels is situated off Old London Road, just a stone's throw from the unique fishing heritage and wide pebble beaches of picturesque Hastings Old Town and seafront.

Set in its own immaculately kept grounds the home manages to combine charm and character with modern accommodation and facilities, including a tastefully designed bespoke extension. There are a variety of room sizes, views and levels of luxury so you're sure to be able to find the perfect fit for your requirements and budget.

The home has an excellent reputation, is rated 'Good' by the CQC in all five areas, and has an impressive score on the UK's largest care home review website www.carehome.co.uk so you can rest easy knowing your loved one is receiving the very best care available.

What is the The Laurels like?

The Laurels is a truly wonderful place to live combining charm and character with the modern convenience and facilities of a purpose built extension.

Location & Surrounds

The home is situated in an exclusive and private residential area just off Old London Road in Hastings. Vehicular access is easy via the A259 and there are excellent transport links into the town with regular busses and trains. On site there is ample free parking.

The home is just a short distance away from the picturesque sea front of Old Hastings and your loved one will be welcome to join us on the regular trips there to enjoy the sea air, pier, and beach.



Within easy walking distance are parks, pubs, bowls clubs, shops, theatre, cinema, lots of restaurants of varying cuisine & art galleries so there's always lots to do if you and your loved one would like to take a trip out in the locality.

The home is set in its own spacious grounds and is surrounded by mature trees and traditional bricked walls making it very private, peaceful, safe, and is an ideal place for your loved one to spend their twilight years.

Inside & Accommodation

The Inside the Laurels is a wonderful mixture of traditional architecture and modern convenience and facilities. The front of the home is Victorian with many of the original features still in place giving the home a very traditional feel.

At the rear are two new purpose built sections that provide accommodation and

living space of the very highest standard. Spread over two floors the home has 51 well appointed and immaculately decorated rooms that provide a variety of layouts, styles and sizes for you to choose from.

The newest addition to the home is the Rochester wing which houses the two spacious, light, airy and accommodating lounge and dining areas along with the coffee lounge area.



This is a great place for your loved one to meet with the many new friends their sure to make and have a chat or a nice hot beverage and cake.

The home also provides many activities, events and entertainments for your loved one to enjoy. For the ultimate entertainment they can take a trip down memory lane in our very own cinema room where we show period and modern movies.

As If they fancy a bit of pampering and luxury they can book an appointment at our equipped hair & beauty salon.

A Wonderful Garden

Your loved one will be surrounded by beautiful and extensive gardens for them to enjoy.



The home is set in its own mature grounds bordered by trees and hedges making a very private, secure and secluded garden. It's truly a delightful place for your loved one to be. In the summer months, they can take a walk on the immaculately



tended lawns, framed by well-established flower beds bursting with a riot of cheerful coloured plants that delight the senses with perfumed fragrances when in bloom.

For those who enjoy sitting outdoors and enjoying the sunshine, we have a large paved terrace area that is a real sun trap in summer. Here your loved one will be able to take afternoon tea accompanied by delicious homemade cakes while chatting to the newfound friends they'll undoubtedly make. Or simply relax and read a book or take in the view.

The garden is in use throughout spring and summer for the many garden parties we hold for birthdays, Easter and many other occasions throughout the year.

If your loved one enjoys gardening they can also keep their green fingers by tending to the garden's plants and flowers.

What are the rooms like?

In short your loved one's room will be stylish, comfortable and a delightful place to spend time.

The Laurels has a variety of room layouts, styles, and sizes many with wonderful views of the gardens so you'll be able to choose something that is exactly in line with your taste, budget and requirements.

All rooms are light and airy and have been tastefully decorated to the highest standard giving an air of opulence and luxury.

Much sought after are the ground floor rooms with patio doors giving direct outside access to the patio and gardens. These flood the rooms with light and are





perfect to open on those lovely summer days when you can let the outside in and fill the room with fresh scented air from the gardens.

All rooms are well equipped with elegant and stylish furniture fixtures and fittings, including a wonderfully comfortable bed to ensure a great night's sleep.

This is your loved ones home so we'd be delighted for them to bring their own ornaments, treasured mementoes and small furniture items to make their room feel homely and familiar.

There's never a dull moment at The Laurels Home!

If your loved one likes getting involved there are many activities, visiting entertainers, games and parties and trips for them to enjoy. Please see below for a full list.

If they enjoy being pampered (and who doesn't), we have our own in house hair salon with aromatherapy and chiropody sessions also available by request.

We also have visiting Opticians, Dentists and other health professionals should they require them.

- ♥ Games & quizzes
- ♥ Baking
- ♥ Arts & crafts
- ♥ Movie nights
- ♥ Birthday celebrations
- ♥ Bingo
- ♥ Reminiscence sessions
- ♥ Garden picnics in the Summer
- ♥ Music and singing
- ♥ Carpet bowls
- ♥ Reading sessions
- ♥ Poetry groups
- ♥ Book club
- ♥ Word games

In addition to all the regular activities your loved one will also enjoy:

- ♥ Visits from Pet Pals (pets as therapy), musicians, reminiscence activities, local artist for art workshops and spiritual visits including Holy Communion.
- ♥ Trips out to Church, the seafront, theatres, art galleries and lunch/coffee trips.
- ♥ We love any excuse for a party! Your loved one can join in all the regular celebrate of all the major events like Christmas, Easter, birthdays including special lunch events, afternoon tea & tea parties. We also have parties to celebrate sporting events such as Wimbledon, World Cup, Olympics, the Boat Race etc and Royal occasions and commemorations such as Remembrance Sunday.

How do you know your loved one will be well looked after?

Honestly, one of the most difficult things you'll encounter when looking for a suitable care home for your loved one is judging how good the care they provide is. Of course, everyone says they provide excellent care, but how do you really know they do?

Here are a few very strong indicators we believe show The Laurels to be one of the top care homes in the region.

CQC Rating

Every care home is rated by the CQC, Government's inspection body, and given a rating of Inadequate, Requires Improvement, Good or Outstanding. The Laurels is rated as Good in all five areas.

Reviews

The people who really know how good the care is are our residents and their families. On our website you'll see reviews of The Laurels from www.carehome.co.uk and the excellent overall satisfaction rating they represent.

Events & Activities

It's essential to check out a care home's News and Events and Facebook page for actual evidence of the great lives their residents are living at the home. You should see lots of pictures and videos of the activities and events taking place at the home.

This is also a great way for you to keep in touch and get involved with what's happening at the home.

You can check out our activities by visiting our Facebook page at www.facebook.com/laurelsnursinghome. While you're on our Facebook page why not Like it and leave a comment? We'd love to hear from you.

Very long-serving staff & high staff ratios

We're delighted (and very proud) to say that The Laurels has an extremely loyal and long-serving workforce with members of staff who have been with the home for over 15 years.

This means our team will have the time to really get to know your loved one's individual needs and requirements so that we can provide the best possible care for them and build up a strong and lasting bond of friendship and trust.

In addition we have a minimum 1:4 ratio of staff to residents which is higher than average and is often exceeded depending on our individual residents' requirements.

What about the food?



If your loved one likes deliciously tasty cuisine freshly prepared from locally sourced ingredients, they'll love life at The Laurels. Our Head chef and his team bring his 20 years experience to bear to create mouth-wateringly tasty food for all palates and dietary needs.

The kitchen has a five-star food rating and is a busy place producing breakfast, lunch and dinner every day with several choices for each meal, along with any special dietary needs and special requests.

Your loved one will never be short of something tasty to satisfy their taste buds as they can also enjoy the morning tea and coffee round served with snacks and nibbles such as homemade biscuits, cakes and pastries. Then there's a second round of the same in the afternoon.

In addition, a range of fruits, yoghurts and snacks is available any time of the day on request.

Main meals are served in the two light, airy and spacious dining rooms which are the beating heart of the home and a great place for socialising. If the mood takes them, your loved one can catch up with friends while enjoying their meal here or alternatively they can eat in their own room, the garden or any of the communal areas in the home.







THERE'S NEVER A DULL MOMENT AT THE LAURELS NURSING HOME – CHECK OUT OUR [WEBSITE](#) AND [FACEBOOK PAGE](#) FOR DETAILS

What To Do Now

We hope you feel that The Laurels Nursing Home can offer your loved one a warm, relaxed, safe, and secure environment and truly exceptional care. However, the only way to see if The Laurels really is the right care home for your loved one is to come and visit.

We'd love to meet you!

To arrange a visit, please call **01424 321330**

-  The Laurels Nursing Home, 71 Old London Rd, Hastings East Sussex TN35 5NB
-  generaladmin@thelaurelsnursinghome.com
-  01424 321330
-  www.thelaurelsnursinghome.com

